



Safe Baby Pledge

My Pledge to

Baby's Name

I pledge to have a safe place for you to sleep,
to learn all I can about what you need,
to make sure **no one shakes** you, and above
all else I pledge to always love you with all my heart!

Love is having a plan.

Love is gently putting you down in a safe place if I'm feeling stressed.

Love is finding a way to calm myself when I can't calm you.

Love is calling a friend, relative, or neighbor to talk to or to see if they can take over for a little while.

Love is talking about Shaken Baby Syndrome to others who may take care of you.

Parent Signature

Date

Parent Signature

Date